

Inter-Being Psychologists Pricelist 2023

The Care Performance Model (Zorgprestatie model - ZPM)

Below is a list of the most common care performances we provide at Inter-Being with the associated rates per 1-1-2023 according to the Care Performance Model. (The rates are derived from the Dutch Healthcare Authority document "Tariff Decree Mental Healthcare and Forensic Care TB/REG-22619-04").

The rates are based on **1. treatment setting, 2. the discipline of the therapist, 3. type of consultation and 4. the duration of the consultation.**

1. Treatment setting: Monodisciplinary or multidisciplinary

In a monodisciplinary setting the care is mainly provided by one discipline, which means that there is mostly one therapist involved in the treatment trajectory. If multidisciplinary care is provided, a minimum of three disciplines such as a basic psychologist, a GZ psychologist, a psychotherapist and / or a psychiatrist are actively involved in the treatment. At Inter-Being the most used setting is monodisciplinary.

2. Type of therapist

In the care performance model, a distinction is made between different types of therapists. For each discipline a different rate is charged. The most common practitioner at Inter-Being is a basic psychologist and in the care performance model this discipline is mentioned as 'other professions'. Besides the basic psychologists, there are also rates for GZ psychologists, psychotherapists, clinical psychologists, and medical specialists, which in our case is a psychiatrist.

3. Type of consultation

The care performance model has two consultation types: diagnostics and treatment. Different rates apply for these two consultation types. The consultation type 'diagnostics' is used during the intake phase. After the intake phase, the consultation type 'treatment' is applied for future sessions. Support from your therapist via email or phone is usually charged as a 5-minute online treatment consultation.

4. Duration of a session

The rate for a session depends on the number of minutes a practitioner spends with a client. Usually, a treatment session lasts 45 minutes. Example given; the list of rates below shows that a treatment session of 45 minutes with a basic psychologist costs € 155,17.

Intake

Therapy at Inter-Being always starts with a 60-minute intake with a basic psychologist, and a 60-minute intake with a main practitioner, which can be a GZ psychologist, a psychotherapist, a clinical psychologist, or a psychiatrist. This can either be one session with both professionals together and two separate sessions. An intake is always charged for both practitioners. More intake time may be needed depending on your health care demand. After the intake sessions, there will be an advisory/feedback session. This is part of the intake procedure. After agreement on both sides on the treatment plan, the treatment trajectory will start.

For example, if you have an intake with a basic psychologist and a GZ psychologist (main practitioner) in a monodisciplinary setting followed by a 45 minute advisory session with a basic psychologist, you will be charged € 651,61 (€ 214,67+ € 242,79 + € 194,15).

Health Insurance

Psychological treatment can be covered (partly) by your basic health insurance package, depending on the policy you have. Please contact your health insurance to make sure what they will reimburse you. We don't have contracts with health insurance companies so you will initially need to pay for the treatment yourself and provide the invoice to your insurance, who will reimburse you according to your insurance package. We work according to the NZA rules and rates (Nederlandse Zorgautoriteit).

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Ambulatory quality statute Section 3 / Ambulant kwaliteitsstatuut Sectie 3								
	Monodisciplinary setting				Multidisciplinary setting			
Other professions*	Code	Diagnostics	Code	Treatment	Code	Diagnostics	Code	Treatment
From 5 min	CO0002	€ 50,83	CO0067	€ 37,61	CO0003	€ 63,55	CO0068	€ 43,90
From 15 min	CO0132	€ 85,37	CO0197	€ 65,41	CO0133	€ 105,84	CO0198	€ 75,52
From 30 min	CO0262	€ 140,25	CO0327	€ 110,30	CO0263	€ 175,85	CO0328	€ 128,13
From 45 min	CO0392	€ 194,15	CO0457	€ 155,17	CO0393	€ 243,46	CO0458	€ 179,94
From 60 min	CO0522	€ 214,67	CO0587	€ 178,44	CO0523	€ 262,38	CO0588	€ 202,05
From 75 min	CO0652	€ 258,91	CO0717	€ 217,79	CO0653	€ 314,50	CO0718	€ 245,20
From 90 min	CO0782	€ 318,50	CO0847	€ 266,80	CO0783	€ 387,79	CO0848	€ 301,02
From 120 min	CO0912	€ 448,11	CO0977	€ 384,94	CO0913	€ 536,75	CO0978	€ 428,17
* Such as (Basic)Psychologist and Psychomotor therapist								
GZ-psychologist	Code	Diagnostics	Code	Treatment	Code	Diagnostics	Code	Treatment
From 5 min	CO0043	€ 56,52	CO0108	€ 42,39	CO0044	€ 68,29	CO0109	€ 48,75
From 15 min	CO0173	€ 95,36	CO0238	€ 74,06	CO0174	€ 114,34	CO0239	€ 84,31
From 30 min	CO0303	€ 157,79	CO0368	€ 125,64	CO0304	€ 191,76	CO0369	€ 144,18
From 45 min	CO0433	€ 219,08	CO0498	€ 177,18	CO0434	€ 266,55	CO0499	€ 203,17
From 60 min	CO0563	€ 242,79	CO0628	€ 204,19	CO0564	€ 287,91	CO0629	€ 228,64
From 75 min	CO0693	€ 293,14	CO0758	€ 249,44	CO0694	€ 345,54	CO0759	€ 277,78
From 90 min	CO0823	€ 360,49	CO0888	€ 305,49	CO0824	€ 425,90	CO0889	€ 340,89
From 120 min	CO0953	€ 508,08	CO1018	€ 441,40	CO0954	€ 590,61	CO1019	€ 485,70
Psychotherapist	Code	Diagnostics	Code	Treatment	Code	Diagnostics	Code	Treatment
From 5 min	CO0051	€ 57,42	CO0116	€ 43,95	CO0052	€ 64,51	CO0117	€ 46,74
From 15 min	CO0181	€ 99,38	CO0246	€ 78,60	CO0182	€ 111,40	CO0247	€ 83,23
From 30 min	CO0311	€ 172,84	CO0376	€ 138,75	CO0312	€ 200,10	CO0377	€ 150,50
From 45 min	CO0441	€ 244,82	CO0506	€ 198,76	CO0442	€ 286,75	CO0507	€ 217,32
From 60 min	CO0571	€ 272,24	CO0636	€ 229,84	CO0572	€ 310,36	CO0637	€ 245,24
From 75 min	CO0701	€ 330,14	CO0766	€ 281,73	CO0702	€ 374,86	CO0767	€ 299,44
From 90 min	CO0831	€ 405,47	CO0896	€ 344,69	CO0832	€ 461,23	CO0897	€ 366,96
From 120 min	CO0961	€ 573,88	CO1026	€ 499,73	CO0962	€ 642,74	CO1027	€ 525,03
Clinical psychologist	Code	Diagnostics	Code	Treatment	Code	Diagnostics	Code	Treatment
From 5 min	CO0019	€ 70,93	CO0084	€ 53,09	CO0020	€ 83,11	CO0085	€ 58,59
From 15 min	CO0149	€ 120,08	CO0214	€ 92,96	CO0150	€ 140,03	CO0215	€ 101,83
From 30 min	CO0279	€ 201,69	CO0344	€ 159,49	CO0280	€ 240,60	CO0345	€ 177,54
From 45 min	CO0409	€ 281,30	CO0474	€ 225,62	CO0410	€ 337,48	CO0475	€ 251,89
From 60 min	CO0539	€ 309,62	CO0604	€ 258,43	CO0540	€ 361,80	CO0605	€ 281,51
From 75 min	CO0669	€ 373,52	CO0734	€ 315,44	CO0670	€ 434,18	CO0735	€ 341,87
From 90 min	CO0799	€ 459,51	CO0864	€ 386,46	CO0800	€ 535,28	CO0865	€ 419,67
From 120 min	CO0929	€ 645,19	CO0994	€ 556,59	CO0930	€ 739,46	CO0995	€ 595,87
Psychiatrist	Code	Diagnostics	Code	Treatment	Code	Diagnostics	Code	Treatment
From 5 min	CO0011	€ 95,36	CO0076	€ 70,81	CO0012	€ 118,02	CO0077	€ 84,68
From 15 min	CO0141	€ 158,01	CO0206	€ 121,72	CO0142	€ 192,54	CO0207	€ 142,96
From 30 min	CO0271	€ 250,83	CO0336	€ 199,78	CO0272	€ 302,91	CO0337	€ 231,99
From 45 min	CO0401	€ 343,62	CO0466	€ 278,89	CO0402	€ 411,66	CO0467	€ 321,12
From 60 min	CO0531	€ 382,19	CO0596	€ 322,35	CO0532	€ 446,75	CO0597	€ 362,81
From 75 min	CO0661	€ 460,78	CO0726	€ 393,41	CO0662	€ 534,60	CO0727	€ 439,84
From 90 min	CO0791	€ 566,79	CO0856	€ 481,88	CO0792	€ 659,36	CO0857	€ 540,03
From 120 min	CO0921	€ 799,55	CO0986	€ 696,80	CO0922	€ 914,88	CO0987	€ 769,91

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No-show policy

If a session is not canceled or rescheduled in accordance with our cancellation policy, we will charge you a no-show fee according to the following schedule. *Please note that a no-show fee will not be reimbursed by your health insurance.*

No-show	
No-show rate for (Basic) Psychologists and Psychomotor therapists, per missed session	
Session up to 60 minutes	€100
Sessions from 75 minutes and upwards	€150
No-show rate for main practitioners (GZ-psychologist, Psychotherapist, Clinical Psychologists, Psychiatrist), per missed session	
Session up to 60 minutes	€125
Sessions from 75 minutes and upwards	€175

Provision of information to third parties (with client's consent)*	
Per letter	€ 98,85

**Provision of information to third parties, requested by our clients, is not part of 'insured care' and will not be reimbursed by your health insurance and thus must be paid for by the client.*

For all other rates and treatments, see the rates pointer at: <https://zorgprestatie.nza.nl>

For more information about the new Care Performance Model (Zorgprestatie model, ZPM) see: <https://www.zorgprestatie.nza.nl/shared/content/uploads/2021/11/Patientfolder-zorgprestatie-model-Engels-digitale-versie.pdf>

If you need any help, please contact us at:

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W: www.inter-being.nl

We always try to ensure that the information in this price list is correct and complete.

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