

Inter-Being Psychologists Pricelist 2022

The Care Performance Model (Zorgprestatie model - ZPM)

Below is a list of the most common care performances we provide at Inter-Being with the associated rates per 1-1-2022 according to the Care Performance Model. (The rates are derived from the Dutch Healthcare Authority document "Tariff Decree Mental Healthcare and Forensic Care TB/REG-22619-04").

The rates are based on 1. treatment setting, 2. the discipline of therapist, 3. type of consultation and 4. the duration of the consultation.

1. Treatment setting: Monodisciplinary or multidisciplinary

In a monodisciplinary setting the care is mainly provided by one discipline, which means that there is mostly one therapist involved in the treatment trajectory. If multidisciplinary care is provided, a minimum of three disciplines such as a basic psychologist, a GZ psychologist, a psychotherapist and / or a psychiatrist are actively involved in the treatment. At Inter-Being the most used setting is monodisciplinary.

2. Type of therapist

In the care performance model, a distinction is made between different types of therapists. For each discipline a different rate is charged. The most common practitioner at Inter-Being is a basic psychologist and in the care performance model this discipline falls under 'other professions'. Besides the basic psychologists, there are also rates for GZ psychologists, psychotherapists, clinical psychologists, and medical specialists, which in our case is a psychiatrist.

3. Type of consultation

The care performance model has two consultation types: diagnostics and treatment. Different rates apply for these two consultation types. The consultation type 'diagnostics' is used during the intake phase. After the intake phase, the consultation type 'treatment' is applied for future sessions. Support from your therapist via email is usually charged as a 5-minute online treatment consultation.

4. Duration of a session

The rate for a session depends on the number of minutes a practitioner spends with a client. Usually, a treatment session lasts 45 minutes. Example given; the list of rates below shows that a treatment session of 45 minutes with a basic psychologist cost € 147,58.

Intake

Therapy at Inter-Being always starts with a 60-minute intake with a basic psychologist, and a 60-minute intake with a main practitioner, which can be a GZ psychologist, a psychotherapist, or a clinical psychologist. This can either be one session with both professionals together, or two separate sessions. An intake is always charged for both practitioners. For example, if you have an intake with a basic psychologist and a GZ psychologist (main practitioner) in a monodisciplinary setting, you will be charged € 430,76 (€ 202,16 + € 228,60). After the intake sessions, there will be an advisory/feedback session which is also part of the intake procedure. After mutual agreement on the treatment plan, the treatment trajectory will start.

Health Insurance

Psychological treatment at Inter-Being can be (partly or fully) covered by your Dutch basic health insurance depending on your insurance package. Please contact your health insurance to check which percentage of therapy will be covered. Therapy can also be covered by the European Health Insurance Card (EHIC) and AON.

At Inter-Being we have chosen not to have contracts with health insurance companies so you will initially need to pay for the treatment yourself and provide the invoice to your insurance, who will reimburse you according to your insurance package. We work according to the NZA rules (Nederlandse Zorgautoriteit).

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| Ambulatory quality statute Section 3 / Ambulant kwaliteitsstatuut Sectie 3 | | | | | | | | |
|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------|--------------------|-------------|------------------|---------------------------|--------------------|-------------|------------------|
| Other professions* | Monodisciplinary setting | | | | Multidisciplinary setting | | | |
| | Code | Diagnostics | Code | Treatment | Code | Diagnostics | Code | Treatment |
| From 5 min | CO0002 | € 47,76 | CO0067 | € 35,73 | CO0003 | € 59,97 | CO0068 | € 43,73 |
| From 15 min | CO0132 | € 80,31 | CO0197 | € 62,20 | CO0133 | € 99,99 | CO0198 | € 75,28 |
| From 30 min | CO0262 | € 132,08 | CO0327 | € 104,94 | CO0263 | € 166,25 | CO0328 | € 127,74 |
| From 45 min | CO0392 | € 182,80 | CO0457 | € 147,58 | CO0393 | € 230,07 | CO0458 | € 179,30 |
| From 60 min | CO0522 | € 202,16 | CO0587 | € 169,74 | CO0523 | € 247,92 | CO0588 | € 201,29 |
| From 75 min | CO0652 | € 243,68 | CO0717 | € 207,07 | CO0653 | € 296,88 | CO0718 | € 244,08 |
| From 90 min | CO0782 | € 300,01 | CO0847 | € 253,83 | CO0783 | € 366,46 | CO0848 | € 299,89 |
| From 120 min | CO0912 | € 422,08 | CO0977 | € 366,19 | CO0913 | € 507,01 | CO0978 | € 426,40 |
| * This category includes professions such as basic psychologist, dietician, occupational therapist and educational psychologist. | | | | | | | | |
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| GZ-psychologist | Code | Diagnostics | Code | Treatment | Code | Diagnostics | Code | Treatment |
| From 5 min | CO0043 | € 53,08 | CO0108 | € 39,92 | CO0044 | € 64,36 | CO0109 | € 47,21 |
| From 15 min | CO0173 | € 89,68 | CO0238 | € 69,82 | CO0174 | € 107,89 | CO0239 | € 81,69 |
| From 30 min | CO0303 | € 148,56 | CO0368 | € 118,51 | CO0304 | € 181,09 | CO0369 | € 139,75 |
| From 45 min | CO0433 | € 206,23 | CO0498 | € 167,10 | CO0434 | € 251,66 | CO0499 | € 196,85 |
| From 60 min | CO0563 | € 228,60 | CO0628 | € 192,60 | CO0564 | € 271,78 | CO0629 | € 221,47 |
| From 75 min | CO0693 | € 275,84 | CO0758 | € 235,17 | CO0694 | € 325,87 | CO0759 | € 268,85 |
| From 90 min | CO0823 | € 339,49 | CO0888 | € 288,18 | CO0824 | € 402,08 | CO0889 | € 330,20 |
| From 120 min | CO0953 | € 478,46 | CO1018 | € 416,35 | CO0954 | € 557,33 | CO1019 | € 470,28 |
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| Psychotherapist | Code | Diagnostics | Code | Treatment | Code | Diagnostics | Code | Treatment |
| From 5 min | CO0051 | € 53,97 | CO0116 | € 41,59 | CO0052 | € 60,91 | CO0117 | € 45,98 |
| From 15 min | CO0181 | € 93,50 | CO0246 | € 74,43 | CO0182 | € 105,27 | CO0247 | € 81,88 |
| From 30 min | CO0311 | € 162,56 | CO0376 | € 131,30 | CO0312 | € 188,81 | CO0377 | € 147,81 |
| From 45 min | CO0441 | € 230,14 | CO0506 | € 187,99 | CO0442 | € 270,34 | CO0507 | € 213,24 |
| From 60 min | CO0571 | € 256,06 | CO0636 | € 217,47 | CO0572 | € 292,67 | CO0637 | € 240,66 |
| From 75 min | CO0701 | € 310,28 | CO0766 | € 266,41 | CO0702 | € 353,04 | CO0767 | € 293,55 |
| From 90 min | CO0831 | € 381,40 | CO0896 | € 326,15 | CO0832 | € 434,85 | CO0897 | € 360,04 |
| From 120 min | CO0961 | € 539,78 | CO1026 | € 472,82 | CO0962 | € 605,65 | CO1027 | € 514,89 |
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| Clinical psychologist | Code | Diagnostics | Code | Treatment | Code | Diagnostics | Code | Treatment |
| From 5 min | CO0019 | € 66,51 | CO0084 | € 49,93 | CO0020 | € 78,22 | CO0085 | € 57,38 |
| From 15 min | CO0149 | € 112,77 | CO0214 | € 87,53 | CO0150 | € 131,97 | CO0215 | € 99,82 |
| From 30 min | CO0279 | € 189,7 | CO0344 | € 150,29 | CO0280 | € 227,01 | CO0345 | € 174,11 |
| From 45 min | CO0409 | € 264,59 | CO0474 | € 212,59 | CO0410 | € 318,43 | CO0475 | € 246,97 |
| From 60 min | CO0539 | € 291,31 | CO0604 | € 243,55 | CO0540 | € 341,36 | CO0605 | € 275,96 |
| From 75 min | CO0669 | € 351,21 | CO0734 | € 297,13 | CO0670 | € 409,22 | CO0735 | € 334,84 |
| From 90 min | CO0799 | € 432,43 | CO0864 | € 364,25 | CO0800 | € 505,06 | CO0865 | € 411,39 |
| From 120 min | CO0929 | € 607,14 | CO0994 | € 524,57 | CO0930 | € 697,38 | CO0995 | € 583,85 |
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| Specialist** | Code | Diagnostics | Code | Treatment | Code | Diagnostics | Code | Treatment |
| From 5 min | CO0011 | € 89,86 | CO0076 | € 66,80 | CO0012 | € 111,61 | CO0077 | € 80,53 |
| From 15 min | CO0141 | € 148,99 | CO0206 | € 114,87 | CO0142 | € 182,14 | CO0207 | € 135,96 |
| From 30 min | CO0271 | € 236,57 | CO0336 | € 188,53 | CO0272 | € 286,54 | CO0337 | € 220,54 |
| From 45 min | CO0401 | € 323,86 | CO0466 | € 263,03 | CO0402 | € 389,04 | CO0467 | € 304,99 |
| From 60 min | CO0531 | € 360,19 | CO0596 | € 303,98 | CO0532 | € 422,01 | CO0597 | € 344,41 |
| From 75 min | CO0661 | € 433,99 | CO0726 | € 370,80 | CO0662 | € 504,53 | CO0727 | € 417,22 |
| From 90 min | CO0791 | € 534,28 | CO0856 | € 454,47 | CO0792 | € 622,92 | CO0857 | € 512,65 |
| From 120 min | CO0921 | € 753,56 | CO0986 | € 657,04 | CO0922 | € 863,89 | CO0987 | € 730,53 |
| ** This category includes a psychiatrist. | | | | | | | | |
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| No show: | € 100 | | | | | | | |

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Provision of information to third parties (with client's consent)

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| Per letter | € 91,78 |
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Provision of information to third parties, requested by our clients, is not part of 'insured care' and will not be reimbursed by your health insurance and thus must be paid for by the client.

This includes letters to your health insurance in case additional information about your therapy is required. Some insurance companies request this additional information before they can authorize therapy (and therefore reimbursement).

Niet-basispakketzorg consult / Non-basic health care package

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| 45-minute session | € 117,33 |
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| No show: | €100 |
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If you haven't been referred by your GP and you don't struggle with issues that fall under a DSM-V diagnose, the Niet-basispakketzorg consult (non-basic health care package) could be applicable.

For all other rates and treatments, see the rates pointer at: <https://zorgprestatie.nza.nl>

For more information about the new Care Performance Model (Zorgprestatie model, ZPM) see: <https://www.zorgprestatie.nza.nl/shared/content/uploads/2021/11/Patientfolder-zorgprestatie-model-Engels-digitale-versie.pdf>

If you need any help, please contact us at:

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